

Guide to courses in visual arts/health and music/health (may not be comprehensive) in the UK

Prepared September 2010 by Josie Aston. Dance and theatre not included, nor formal courses in art/music therapy (I have included 'introduction to therapy' courses on the basis that they might be useful for an aspiring musician/artist in health in the absence of a specific course).

Academic courses (may have prerequisites, however many will accept relevant work experience in place of formal qualifications)

Fine/visual art focus

Music focus

Multi-artform, community arts or arts management focus

Therapy focus

Healthcare focus

Anglia Ruskin University (Cambridge)

BA (Hons) Music, BA (Hons) Creative Music Technology

The BA Music offers 'Principles of Music Therapy' while the BA Creative Music Technology offers 'Principles of Music Therapy and Dramatherapy', both as optional modules in year 3. Students have performed at Fulbourn Hospital, a mental healthcare facility in Cambridge, although I don't know if this was as part of these modules or not. There are MAs in Music Therapy and Dramatherapy that students can progress to.

Birmingham City University

MA Art, Health and Well-being

The course has a particular focus on good practice in relation to ethical issues, the rights of people involved in participatory practices and the evaluation of art-based projects. It will equip you with the knowledge of two main approaches to participatory art practice – art as therapy and the social aspects of art practice – enabling you to understand where, and how, these apply to health and well-being agendas.

<http://www.bcu.ac.uk/courses/art-health-and-well-being>

Canterbury Christ Church University

<http://www.canterbury.ac.uk/centres/sidney-de-haan-research/courses.asp>

The Health, Humanities and the Arts module isn't running in 2010-11 due to lack of demand. This is a Master's module available as an optional course within the MSc in Health Promotion and Public Health. The course is also available within The Faculty of Health and Social Care Masters Framework to students registered on other Masters programmes, and can be taken as a free-standing module by Associate students.

BMus(Hons), Postgraduate Diploma in Music, MMus

These courses include an optional module in Music, Arts & Health, available in the second and third years in the case of the BMus and as a research project in the case of the MMus, supported by the Sidney De Haan Centre.

<http://www.canterbury.ac.uk/courses/prospectus/undergraduate/c.asp?courseUrl=music-single-honours>

University of Chichester

BA Fine Art, MA Fine Art

The Fine Art department is very active in arts and health, with around 12-15 of 40 of undergraduate student projects taking place in healthcare and related settings. At the moment there is no postgraduate involvement, although this may change.

<http://www.chiuni.ac.uk/fineart/index.cfm>

BA (Hons) Music

Includes module in 'The use of Music in Healing & Music Therapy'. This element of the degree provides an opportunity to examine the functions of music which lie beyond entertainment. It will provide an introduction to the professional practice of music therapy as well as touching upon more ancient traditions of healing through music.

<http://www.chiuni.ac.uk/music/index.cfm>

<http://www.chiuni.ac.uk/music/ContemporaryMusicalStudies.cfm>

University of Glamorgan

MA Arts & Health

This new MA is the only one of its kind in Wales – its broad and interdisciplinary nature aims to ensure that the course reflects the diversity of activity and interest in this dynamic field.

<http://courses.glam.ac.uk/courses/126-ma-arts-and-health>

Goldsmiths, University of London

MA/Postgraduate Diploma/Pg Certificate in Cross-Sectoral & Community Arts

This is an innovative programme for practising artists, graduates and workshop leaders who recognise the field of arts in other sectors as a valid and practical way of developing creative and socially engaged career paths.

<http://www.gold.ac.uk/pg/ma-pgdip-pgcert-cross-sectoral-community-arts/>

University of Central Lancashire

MA/PgDip/PgCert Arts & Health (MA candidates may apply to transfer to MPhil/PhD). School of Art, Design & Performance.

From the information given, this course looks intellectually rigorous and also flexible for practitioners from a number of art forms/backgrounds.

http://www.uclan.ac.uk/information/courses/ma_pg dip_pgcert_arts_health.php

Manchester Metropolitan University

Arts for Health Centre

MMU Arts for Health - Arts and Health Master-Class Spring Series 2011

In 2011 MMU Arts for Health will be facilitating a series of **master-classes** with some of the UK's leading practitioners and thinkers in Arts and Health. These will include input from Bromley by Bow Healthy Living Centre on General Practice the Arts and Well-Being and Evaluation Methodologies for Practitioners. Full details will be available from October 2010 on: www.artsforhealth.org

In 2009-10 they offered an introductory course, '**Pathways into Arts and Health**: a professional development programme exploring the skills needed to work as a commissioned artist in clinical health settings.' The course will run again in 2010-11, however there is a waiting list as it was over-subscribed last time.

<http://www.artsforhealth.org/opportunities/pathways/>

Department of Contemporary Arts

BA (Hons) Community Arts (and arts subject from: Creative Writing/Dance/Drama/Music/Popular Music/Creative Music Production). Mentions healthcare as specific setting that graduates may work in and trains students in skills to run community projects in year 2, with a group community project in year 3. Year 2 unit 'explores using skills to create an interactive community arts project using a range of groups such as the elderly, youth groups and groups with special needs'.

http://www.mmu.ac.uk/study/undergraduate/courses/course_detail.php?course_id=3067

MA Contemporary Arts with routes in dance, drama, live arts, theatre, music, visual arts, writing and research. No specific mention of healthcare settings but could progress from the BA and then from the MA to a MPhil or a PhD.

http://www.mmu.ac.uk/study/postgraduate/taught/course_detail.php?course_id=3111

Manchester School of Art

MMU's **MA Contemporary Curating** and **MA Art as Environment** courses seem to have particularly strong connections with arts and healthcare. Clive Parkinson, Director of the Arts for Health Centre says there are also strong relationships with the **MA Design** courses especially **MA Three Dimensional Design**, as well as a developing partnership with **MA Textiles**, who are interested in the public health applications of embroidery.

<http://www.artdes.mmu.ac.uk/about/>

Royal Academy of Music

BMus, MMus

As part of the RAM's Music in Community programme, students learn about the work carried out by musicians and arts organisations as they seek to redefine their relationships with the general public. Workshops take place in schools, libraries, hospitals, care homes and other venues to give students first-hand practical experience of this work in action.

<http://www.ram.ac.uk/study/open%20academy/pages/discussion.aspx>

<http://www.ram.ac.uk/study/open%20academy/Pages/default.aspx>

Royal Northern College of Music

BMus, MMus

Music for Health at the RNCM has been developed in response to an upsurge in interest around the impact of music making on health and wellbeing. They deliver an innovative programme of training and professional support for musicians wanting to work with people in health and social care settings. RNCM students can undertake accredited modules of training in Music for Health at undergraduate and postgraduate level. They also deliver continuing professional development (CPD) courses for professional musicians, including an annual European Training Week in Paris in conjunction with Musique et Santé.

<http://www.rncm.ac.uk/content/view/100/333/>

Royal Welsh College of Music & Drama

BMus, MMus

RWCMD offered an MA in Music Therapy between 1999 and 2009, when it closed due to cost. They now offer a Music and Health module to undergraduate music students, over 10 weeks, with 2 weeks of preparation and 8 weeks on a practical placement e.g. with The Touch Trust (creative arts for individuals on the autism spectrum) and Odyssey Theatre (integrated theatre for learning disabled & non-learning disabled people).

Sheffield Hallam University

MA/PgDip/PgCert Cultural Policy and Management

These courses is intended for cultural managers seeking further qualification in their field and for graduates from any discipline who want to develop professional and vocational studies at postgraduate level. There is an optional module in arts in healthcare, as one of the choices of policy topic to study in the 'Research methods and skills for the cultural sector' module.

<http://prospectus.shu.ac.uk/CourseEntry.cfm?CourseId=138>

<http://www.shu.ac.uk/art/cultural/macpam-modules.html>

University of Strathclyde

BA Applied Music, BA Community Arts

The BA Applied Music offers modules in Music in Educational and Community Contexts 1 and 2; the BA Community Arts looks like it may have closed to new entrants. <http://www.strath.ac.uk/humanities/courses/music/staff/rossigerrymr/>

Staffordshire University – Creative Communities Unit

Developing Arts for Health (Certificate of Credit)

Developing Arts For Health is delivered in partnership with Praxis Arts and Health Network. Its purpose is to support artists working in health settings or with health issues. It focuses on work in a range of health settings and incorporates issues such as project planning and delivery, partnership working, health policy and funding. As part of the course, participants must undertake a piece of practical arts and health work. It is open to artists with some practical experience of participatory work but it is not necessary to have experience of health-based work.

http://www.staffs.ac.uk/courses_and_study/courses/managing-participatory-consultation-tcm4220165.jsp

http://www.staffs.ac.uk/schools/humanities_and_soc_sciences/ccu/courses.htm

MA Community & Participatory Arts, **MA Community Practice**, **MA Regeneration** may also be relevant for some career paths.

University of the West of England

Module in Participatory Arts Facilitation in Health and Social Care as part of a **Graduate Certificate in Arts & Media Practice** (next running January 2011). In the past there have been CPD courses in **arts and health evaluation**, and these are likely to run again, possibly in partnership with Willis Newson (see below).

<http://courses.uwe.ac.uk/z3000032/2010>

<http://courses.uwe.ac.uk/z51000001/2010>

http://www.uwe.ac.uk/sca/courses/community_cpd.shtml

Arts & Health Course for Participatory Visual Arts (accredited by the University of the West of England)

Worth 20 credits at undergraduate or graduate level; run in partnership with **Insider Art**, a specialist arts and mental health organisation.

<http://www.insiderart.org.uk/default.aspx?contentid=35>

University of York

BMus, MA in Community Music

York was the first university to introduce a community music module to its undergraduate course and is now the first to establish a programme at master's level. The MA is intended for students who wish to develop their skills and interests in a range of community settings and it draws upon many department specialisms including developments in education and disability arts, world music, theatre and technology.

<http://www.york.ac.uk/music/postgraduate/programmes/ma-community-music/>

It seems likely that in addition to those courses listed above, a number of other Fine Art, Music and Community Arts courses at both the undergraduate and postgraduate levels, as well as PhD programmes may offer the opportunity for students to pursue arts and health topics. However, it was not possible to establish this by reading published material about the courses.

Ireland/Northern Ireland

Republic of Ireland: there is a training course for **visual artists** wishing to work in healthcare settings currently under development. Following the publication of a report into music and health in 2004, Music Network in Ireland has concentrated on providing **professional development support to musicians** working, or with an interest in working, in healthcare.

Northern Ireland: I am not aware of any arts and health training currently available at the university level in Northern Ireland.

Non-academic training

British Association of Art Therapists

<http://www.baat.org/shortcourses.html>

The **Claremont Project** in Islington run a portfolio-building course for would-be art therapists, in partnership with BAAT:

<http://www.claremont-project.org/evening.htm>

Drake Music

Currently offer training in:

- Disability Equality for Music
- An introduction to Music Technology and Disability
- Accessible Singing
- Soundbeam

<http://www.drakemusicproject.org/makepage.asp?page=4>

Insider Art

Offer a course in Art in Mental Health: A Foundation Course in Art Therapy. This is not an Art Therapy training, but is a grounding in Art Therapy principles. Students will gain an awareness of the therapeutic value of Art Therapy and a general understanding of the theory which underpins it. Learning is through a series of talks, visual presentations, written materials and participatory groups.

<http://www.insiderart.org.uk/default.aspx?contentid=35>

Live Music Now

Offer training to their musicians (while participating in LMN and also ongoing CPD), bespoke courses for organisations

<http://www.livemusicnow.org.uk/training.htm>

http://www.livemusicnow.org.uk/getting_started.htm

http://www.livemusicnow.org.uk/training_calendar.htm

Music Leader (funded by Youth Music)

Music Leader run courses in association with various organisations such as Youth Music Action Zones, and also advertise training opportunities run by a wide range of organisations and individuals; some are aimed at those wishing to work in health setting, e.g.

http://www.musicleader.net/trainingcourses_details.asp?TPID=3082

http://www.musicleader.net/trainingcourses_details.asp?TPID=3636

Music for Life

Offer training to their musicians and sometimes by arrangement, to other organisations.

<http://www.wigmore-hall.org.uk/community-and-education/musicforlife>

Music in Hospitals

Provide an induction and a handbook to their new recruits.

<http://www.music-in-hospitals.org.uk/index.html>

Nordoff Robbins Music Therapy

Nordoff Robbins offers a range of courses from non-academic courses from half-day 'musicality' workshops suitable for everyone, to a 10 week introduction to Nordoff Robbins music therapy. This is in addition to their graduate entry Music Therapy programmes and PhD programmes in Music Therapy and Music, Health and Society.

<http://www.nordoff-robbins.org.uk/content/what-we-do/workshops-and-short-courses>

Willis Newson Ltd

Willis Newson facilitates and runs interactive workshops and training days for **musicians** to equip them for working in hospitals and other healthcare environments. The training can be tailored to the needs of an individual group of musicians and setting. It is designed to familiarise musicians with some of the specific rewards and challenges involved and to give them the confidence needed to perform well in a difficult environment. It also gives novice and seasoned performers a chance to share their experiences. Willis Newson has also devised training for **visual artists** wishing to work in healthcare in the past – visual arts in healthcare is their main area of expertise. They maintain an **Artists'**

Register <http://www.willisnewson.co.uk/opportunities.html>

<http://www.willisnewson.co.uk/musician-training.html>